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The Spectator

Thursday,
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Students share personal Health Center experiences

PHOTO BY BENJAMIN MITTMAN '18

by Kirsty Warren '18
News Editor

As was reported in the Feb. 4 issue of *The Spectator*, Dr. Aimee Pearce left the College at the beginning of this semester. Since then, Dr. Toby Taylor of St. Elizabeth's Medical Center has been providing Hamilton students with M.D. coverage on Thursday afternoons. February's article noted that the College was seeking an additional M.D. provider for the Health Center. The vast majority of student concerns about the Health Center have to do with the center being understaffed. According to Jeff Landry, associate dean of students for health and safety, "We are still searching for additional staff and would like to hire a full time nurse practitioner. In addition, we would like to supplement our staff with an M.D., in addition to Dr. Taylor, who would provide care a day or two a week."

"This semester has been difficult to meet student demand as I am the only full time provider in the Health Center," Barbara Fluty said. "As a result, some students have had to be directed to local urgent care facilities in order for them to be evaluated in a timely fashion." Hamilton seems to have a history of struggling to find the right balance of staff members for the Health Center.

Erin McCulloch '16 said she has been to the Health Center many times during her four years at Hamilton, but one stretch of visits during the spring of her first year, another period when the Health Center was poorly staffed, stands out. "It started with a staph infection I got at a swim meet, and the Health Center was totally fine about that," McCulloch said. "They sent me to the hospital, where I was treated with an antibiotic. But the antibiotic has a weird side effect that is very, very rare, so rare that they didn't even bother to tell me about it."

McCulloch recovered from the staph infection but then began feeling sick, so much so that she had a constant high fever, could not keep even fluids down, and once slept for as long as 72 hours straight. Her symptoms did not abate and she repeatedly went to the Health Center to get tested for strep throat and other infections.

"The walk to the Health Center was all I could do. I kept thinking if I could just make it from Dunham to the Health Center, then I would be okay," she said. "Eventually, it was determined that I didn't have anything they could test for. So they came to the conclusion that I had heartburn and put me on heartburn medication."

McCulloch had been taking Advil and Tylenol to reduce her fever, but was told to only take Tylenol after being diagnosed with heartburn. After two weeks without getting better, McCulloch went home for Spring Break a week early.

"When I went to my doctor at home, my resting heartbeat was two times that of a maximum heartbeat while working out," McCulloch said. "They tested blood samples and all of my major organs were failing. I was in liver failure, heart failure, colon failure. My white blood cell count was eleven times that of what it should have been. Most of my organs were in moderate failure, but my colon and liver were extreme. My doctor said that if I hadn't come in that day, my colon might have burst that night. It was all the doses of Tylenol

*see **Students**, page 2*

Interview with President Joan Hinde Stewart: Part 3 of 3

Interview by Editor Emeritus
Lucas Phillips '16

THE SPECTATOR: *This is my final of three interviews with President Stewart. In the first two, we discussed the president's early education up through the bulk of her career here at Hamilton. Today, as the weather is getting warm again, on her last Admitted Students' Day, we'll be talking about the last few months of Stewart's tenure and looking on into the future.*

So, my first question is—how have the last few months been? What have you been up to?

JHS: I've been doing pretty much what I always do at Hamilton—that is to say looking after the College, meeting with students, faculty, alumni, trustees, staff, seeing to the interests of the College. At this time of year—you mentioned that it's spring—we tend to sharpen our focus on the grand events of spring, the rituals of spring. I'm thinking of Class & Charter Day, Baccalaureate, Commencement and then of course alumni reunions followed by the Board [of Trustees] meeting. We're beginning to think about all of that.

At the same time, I should say that I've been travelling a lot. I've been, in the last few weeks, traveling to New York, Chicago, Philadelphia, Boston, Los Angeles; I'm going to Boston next week for a NESCAC meeting and also to go visit some friends of the College.

And that's more travel than you've done in the past?

I've travelled a lot over my time here. It's probably been a bit more intense this last year. I think that one of the most important things I can do for the College's future is to help increase the size of the endowment for financial aid, so that's what a lot of my focus has been on these last few months. And I've been travelling to talk with people about the good work we're doing on College Hill, to take news of the College to them and to encourage them to support us, especially to support financial aid.

I also wanted to ask—why this year? Why did you decide that this would be your last year—or, in conjunction with the Board of Trustees...

The decision was mine. And, quite simply, because it feels right to me. 13 years is a good, robust period of time; the College is in very good shape and it seemed a reasonable time to make a change, both for me and for the College.

So then, in light of that, how was this year compared to previous years as president?

You know, every year is different for different reasons. And this year is different in some ways from all the others, but also as I said a few minutes ago, in many ways it's doing a number of the same things. There's for me—personally—a poignancy about this year as I think about doing things for the last time.

What are among those last few things that you hope to accomplish while you're here?

Raising endowment for financial aid is really at the top of my list, and I believe deeply in providing opportunity for talented, deserving, hardworking students. And I am concentrating on that this year.

Is there anything that's on your personal bucket list?

This has been a grand opportunity for me. I have done many things that I never would have dreamed of a number of years ago. So, I feel quite good about the experience.

Is there anything that when you finish you will regret not having done more of or not having accomplished in your time here?

It's an interesting question. My primary feeling as I step down is one of gratitude. I feel really grateful for having had this opportunity. I feel grateful for the kindness, the professionalism of the faculty and the staff I've worked with, for the dedication of the Board of Trustees, the generosity of the people who have supported us, the generations of students who have accompanied me on this trip—on this voyage—and grateful too to my husband who has supported me in every possible way and cooked and served wonderful meals.

Is there anything else that you feel you hadn't gotten around to, whether it's an aspect of policy...

There are always more things to be done. A community is never static. The world is changing; the world of higher education is changing; the College is changing. 13 years is a good long time as I said a few minutes ago. And you get different people, and different emphases, and different concerns and agendas every year. And the interesting thing has been adapting to them. Are there other things to be done? Surely, and that's for the new president to look at and to decide—think about what his priorities will be and how he'll go about achieving them.

On that topic, I wanted to ask what you see as the major changes in higher education right now—how you see them evolving, where you see things going?

Colleges are facing challenges, and Hamilton is among them. And the challenges have to do with access, finances, demographics, security to name just four of them. There are others as well, but those are among the major ones. I would say to that, however, that these are challenges that are facing the entire sector, and Hamilton—because of course my concern is for Hamilton—is in a strong place to respond to them.

Do you see any of them as particularly pertinent here?

*see **President**, page 3*

Students' Health Center experiences are mixed

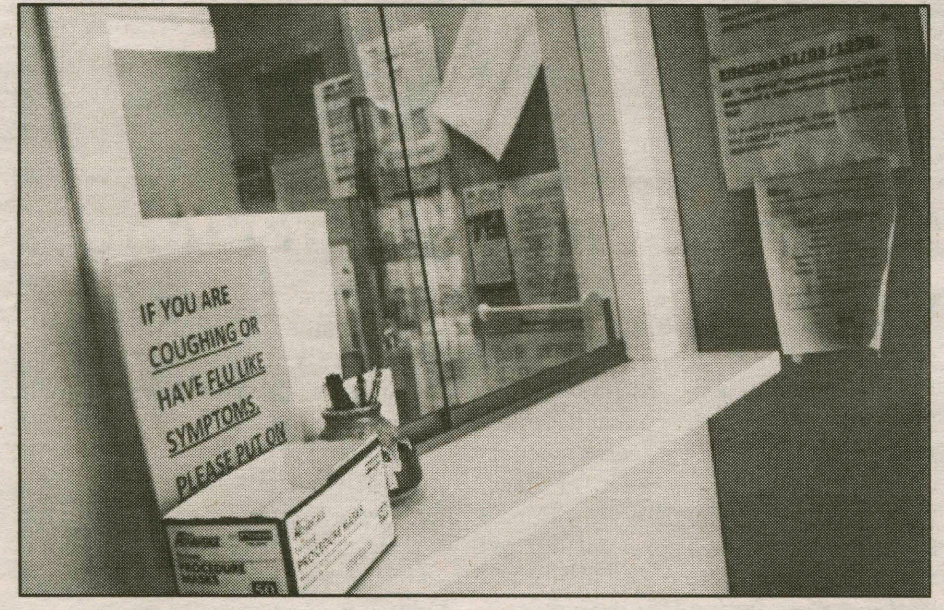

PHOTO BY BENJAMIN MITTMAN '18

*from **Health Center**, page 1*

instead of Advil putting my liver into a super shocked failure state."

After McCulloch's visit, her home physician called McCulloch's mother to tell her that either the staph infection had never gone away and McCulloch would need to be hospitalized for months, she had stage IV cancer and was about to die, or she had suffered an adverse reaction to the antibiotics (C. difficile infection). The third scenario was the best and most treatable, McCulloch's doctor said, but she was by far the most severe case they had ever seen.

McCulloch emphasized that she has had positive experiences with the Health Center in her time at Hamilton and her situation was a very complicated one. "I don't want to make it sound like the Health Center is incompetent. They were really trying their best. So many doctors wouldn't know what to say to my symptoms, it was so rare," she said. At the time, McCulloch said, the Health Center was staffed with a physician's assistant but not a medical doctor.

Another senior, who asked to be quoted anonymously because she uses the Health Center frequently, had a negative experience with the Health Center when she sought a prescription for a contraceptive other than the Pill.

"It was my freshman year and I wanted to get a form of birth control like an IUD or a shot, something that wouldn't control my day," the senior said. "They said 'no, I don't believe in prescribing anything that would stop your period.' I didn't say anything at the time, because I want to be a physician's assistant myself and I respected their opinion."

Last semester, the senior returned to Hamilton after a year abroad and was treated in Utica after sustaining a concussion.

"The doctor asked me why I am on birth control pills if I have chronic migraines and recommended I switch to another form of contraceptive," the senior said. "I went back to the Health Center and this time I saw Dr. Aimee Pearce [who did not work at Hamilton during the senior's freshman year.] I explained that I want to control my period and not have my birth control control my day. I wanted to get an IUD and this time there was no problem. Dr. Pearce just recommended I go to an outside practice."

In regard to Health Center birth control policies, Fluty said, "The Health Center manages straightforward oral contraceptive prescriptions the same as a primary care provider would. Anything outside of this requires intervention from a gynecologist."

"It took until my senior year to get the kind of birth control I wanted for my body," the senior said. "As someone who wants to go into the health care industry, it really got to me to have a health care provider tell me what to do with my body. It's not your place to be able to put your beliefs on people."

Natalie Adams '17 spent the fall semester of this year as a student in the Hamilton Washington D.C. program, but was on campus at the very beginning of the year after leading an XA orientation trip.

"After the trip, I had what I thought were really bad bug bites so I made an appointment at the Health Center," Adams said. "When [the nurse practitioner] asked for my class year, I said I was a junior and was actually doing the D.C. program this semester. She immediately changed her tone and said, 'We can't see you if you're not a registered student this semester.' She also said, 'But that looks really bad you should get it looked at' and gave me the address to Urgent Care in Utica, so I drove myself there. It turned out to be a fungal infection called ringworm and the treatment wasn't covered by my insurance so I had to pay out of pocket."

"It felt wrong to me because I was a Hamilton student, in a Hamilton program and I'd just give two weeks of my summer to lead a Hamilton orientation trip," Adams said.

"Once a student is abroad, the College database will list them as being on an 'Academic Leave of Absence.' As such, they would not be receiving services such as housing, a meal plan, health care, etc. For health care, the expectation would be that they seek services from wherever they may be located," Fluty explained in an email.

Many of the students interviewed for this article said they appreciate the Health Center's hard work and know they are doing their best, but are nonetheless frustrated by the lack of availability of health care on the Hill. As McCulloch put it, "I think the thing about the Health Center is the lack of hours. Everyone during the flu period is trying to get an appointment at the same time. And their hours are while people are in class, so it's just impossible if you're a student who is sick but also doesn't want to miss class. I think they need to hire more staff."

AMHERST BATES BOWDOIN COLBY CONNECTICUT COLLEGE

NESCAC NEWS

by Dillon Kelly '18
NEWS EDITOR

Colby College to host lecture series on climate change

Colby College was home to a lecture series, titled "Community, Culture, and Conservation," which dealt with issues such as global warming and sustainable living. The conference was part of a larger yearlong series of events that explored the intersection of the environment and communities. Bill McKibben, renowned writer and environmentalist, started the lecture and pressured the audience to take action on global warming.

Renowned writers and scientists set to speak at Amherst College

Best-selling author Chris Bohnjalian '82, Carnegie Endowment for International Peace President William Burns, Center for Disease Control and Prevention Ebola Response Manager Inger Damon '84, astronomer and astrophysicist Sandra Faber, Smithsonian National Museum of Natural History Director Kirk Johnson '82 and renowned sociologist and educator Sara Lawrence-Lightfoot will all receive honorary degrees from Amherst College on their 195th Commencement exercises on Sunday, May 22. Amherst President Biddy Martin is set to deliver the address, while the honorees are going to speak in a series of conversations as well.

Middlebury College alum recieves Pulitzer Prize for refugee photographs

Daniel Etter, an alum of Middlebury's School of Arabic won a 2016 Pulitzer Prize in the "breaking news photography" category for his work on documenting the refugee migration crisis in Europe. One of Etter's pictures taken in 2015, now famous, depicts an Iraqi refugee family landing on the shores of Greece after having travelled by a raft that was originally meant for 12 people. Etter's photographs have been featured in *The New York Times* and *Time Magazine*.

MIDDLEBURY TRINITY TUFTS WESLEYAN WILLIAMS

President Stewart discusses her final year, the future

from ***Interview****, page 1*

All of them, in one way or another. But there's nothing that I've just mentioned that we haven't been addressing. These are things we've been thinking about: security, financial aid, the changing demographics, how do we improve and increase access, how do we make sure that this kind of education is available to deserving students? We've been doing this all along. Is there more to be done? Yes, but these have absolutely been in our sights.

And expanding beyond need-blind, do you see other aspects of college policy—whether here or across the field—regarding access that you feel is worth looking at?

So, the keeping college accessible and affordable to families is very important, and we have been sharply focused on that. Other fine colleges have as well. But that's going to be an ongoing challenge to provide the best possible education we can and to keep it affordable.

Of course, the next president will be able to identify for himself his top priorities, but looking from the seat that you're at, what do you see as his top priorities coming in?

That's really for him to decide. I can tell you, as I have, what mine have been and what mine are right now. But part of the point of changing presidents is to bring in someone with a different vision with different insights, different ways of doing things. And I look forward to seeing what he will do.

Is there anything that you imagine for the College at this time?

Success, a shining future.

Any changes that you see coming?

In higher education? As I said, I would cite the pressures that I see. Hamilton is going to have a very shining future. I believe that David Wippman will lead us to greater heights. One of the best things the College has done was to recruit him.

So, just getting personal for a second, I wanted to ask: What's the last thing that you'll do when you leave your office for the last time?

Close the door. I will say goodbye to people but I hope not really goodbye because I hope that I won't lose track of people. This has been not a job to me but a life. I told the students today at the Admitted Students Open House that this is more than a four year commitment; it's something that will stay with you the rest of your life, and although I'm not a graduate of Hamilton—I'm just a president—that's how I feel it will be with me.

And so, what's next for you? Do you have academic projects coming up? Anything in particular on the reading list? What's in your future?

The reading list is long. And it's actually a bookshelf more than a reading list: it's all the books that I've been gathering that I haven't had a chance to read. [...] I've recently been given an appointment to the National Humanities Center, which is an independent institute for advanced research in the humanities, and I will spend the next academic year in residence at the center. In residence means going there every day carrying out a research project. So, that's what I'll be doing next year.

And what's the focus of your research?

Joan of Arc.

And after that [year], any plans?

To be seen.

Of course, you'll have many opportunities for last remarks, but as this is your last interview with The Spectator, *I wanted to know if you had any final thoughts.*

Hamilton is a wonderful college. It's been a privilege to serve it, a privilege to travel this road with probably more than 6,000 students—I calculated that I've probably given degrees, handed diplomas, to well over 6,000 students. And that to me is moving. That means 6,000 people out in the world doing good things with Hamilton degrees.

Sociology professor lectures on fraternity dynamics

by Rylee Carrillo-Waggoner '19
Staff Writer

On April 14, Dr. Rashawn Ray, a sociology professor at the University of Maryland, came to talk to Hamilton students about his recent research on gender norms, race and the culture of masculinity present in American Greek life.

Ray began his presentation by showing shocking images of fraternity houses with signs on them saying things like "freshmen daughter drop off here," screenshots of an email a sorority sent out explaining why they will not allow black women to become sisters, a different email from a fraternity talking about a party they were hosting that night that overtly hinted at raping women in order to get lucky that night and a photo of a fraternity and sorority partying together and wearing black face; Ray then informed the room that these photos were taken on MLK Day and that this decision was not one created without much thought, quite the opposite really.

After the introduction, Ray provided the statistics for his research: 52 fraternity brothers (black and white), seven fraternities, 36 in-depth interviews, 22 informal interviews, nine months of ethnographic observations and two focus group interviews. He conducted the study at a school of 30,000 students, which also happened to be the number one party school in America at the time. During this time, Ray also pointed out the number of high authority citizens in America that were once a part of fraternities or sororities: 48 percent of presidents, 42 percent of U.S. senators, 30 percent of U.S. congresswomen, 30 percent of Fortune500 executives and 60 percent of black doctors, dentists, lawyers and college heads were a part of a Greek society. This is a powerful group of people, explained Ray.

The next piece Ray went into was the significant differences between black and white fraternities. Two of the biggest differences physically were size and space; on average, white fraternities had 100 members but black fraternities had 10 and while white fraternities lived in giant mansions, none of the black fraternities had housing. This resulted in black fraternity members feeling that most people knew who they were and thus felt constant pressure to set an example. One of the members was quoted, saying "We are supposed to be setting the bar." Furthermore, because they don't have housing, parties are significantly more challenging, as they have to follow school event procedures. These differences cause differences in culture as well. While white fraternity brothers felt responsibility only when they had their "letters on," black members felt that they could never "just wild out" while on campus. Ray left the topic asking the room what people thought might have been different in the results if the study had been conducted on a historically black campus.

Ray then moved on to describe the gender dynamics that occur within fraternities. When girls are underage, they are most likely going to go to a fraternity house to drink, affecting age dynamics. Women who are in a sorority, Ray found, are more likely to be treated with respect, because if they are harmed then the boy that hurt them will have a reputation amongst all of her sorority sisters. "When women are given relative power," states Ray, "the percentage of rape goes down." Furthermore, because fraternities themselves are societies of just men and their larger, national organizations are all just men, fraternities often do not have to deal with women as coworkers in the fraternity setting, which creates unbalanced power dynamics.

Yet most women on campus, whether in a sorority or not, are aware of the risk of sexual assault. In conversing with the fraternity men, Ray said he found that "men know what to do to get women to the bed, men don't know what to do once in bed." Many men fail to confirm consent from women when in bed. Ray believes that this is because "Men think that it's weird to ask [for consent] and we have to debunk that." Ray believes we need to normalize asking for consent, rather than stigmatizing it as weird or awkward.

Throughout the conversation, Ray would reference the Greek life present on Hamilton's campus. The fact that Hamilton does not have Greek housing or national chapters, the fact that only a small portion of the student body is Greek and that a majority of Greek society members on campus are white, were all mentioned. By bringing the Hill into the conversation, Ray intended for Hamilton to think more about what the culture is surrounding Greek life here and what within that culture Hamilton might want to change.

Campus Safety Incident Report

In an effort to increase Campus Safety's transparency and draw attention to students' dangerous and destructive behaviors, *The Spectator* will publish a selection of the previous weekend's incidents each Thursday. The entire report is available in the online edition of *The Spectator.* Both Campus Safety and *The Spectator* will use their discretion regarding what is published.

Thursday, April 7, 2016

8:35 A.M. Medical Emergency – Residence Hall

10:29 P.M. Noise Complaint – Milbank Hall

Friday, April 8, 2016

12:58 A.M. Area Check – Griffin Road

1:03 A.M. Area Check – West Campus Area

12:47 P.M. Disorderly Conduct – Benedict Hall

5:13 P.M. Disorderly Conduct – Crosswalk

6:00 P.M. Animal Complaint – Ferguson House

8:21 P.M. Motorist Assist – Campus Road

8:57 P.M. Suspicious Vehicle – Green Apple Way

10:39 P.M. Area Check – Green Apple Way

11:30 P.M. Noise Complaint – Babbitt Hall

Saturday, April 9, 2016

1:24 A.M. Noise Complaint – Milbank Hall

1:25 A.M. Noise Complaint – Babbitt Hall

11:17 A.M. Welfare Check – Residence Hall

1:49 P.M. Unauthorized Party – Griffin Road Apts.

3:43 P.M. Medical Emergency – Babbitt Hall Exterior

6:50 P.M. Medical Emergency – Residence Hall

11:23 P.M. Area Check – Major Lot

Sunday, April 10, 2016

12:10 A.M. Criminal Mischief – Woollcott House

1:19 A.M. Criminal Mischief – Bristol Hub

2:35 A.M. Criminal Mischief – Morris House

Why no full-time M.D.?

Many students have been unhappy with the Health Center for some time. While we've heard some shocking tales, this week's article represents the first attempt to corroborate rumors and share individuals' stories. *The Spectator* did not reach out to the student population with the intent of publishing sensationalized content, nor do we believe that we are exposing anything unheard-of about the Health Center. Instead, we are confirming and making public the facts of an urgent situation that has been allowed to continue for too long.

As we reported on Feb. 4, the Health Center's M.D. left, and has not yet been replaced. Currently, a part-time M.D. visits campus for three hours once a week. Looking at what some of the stories we present have in common suggests that the Health Center should be concerned with the consistency of its care. In the cases of Erin McCulloch '16 and the student exploring birth control alternatives, their experiences seem to have been affected by their inability to see an M.D. at the time. No such problem when the latter student returned three years later and met with an M.D. about the same issue. This is evidence that the need for a more available doctor is essential for consistent care.

In addition, Natalie Adams ('17)'s story is an indication that policies and systems need to be in place so that Hamilton students can receive the care that they need when they are on campus. As an XA leader, Adams was a Hamilton student helping to run a Hamilton program at the time she was denied service. While the staff at the time should not be faulted for turning her away, her story recommends that the Health Center's policies be reexamined with an eye towards providing the most care to Hamilton students.

The fact is, there are many positive stories about the Health Center, but the ones mentioned here are just a small sampling of negative experiences. There is no clear system in place for students to give feedback on their care. Discussions with current Health Center employee Barbara Fluty, N.P., and the Associate Dean of Students for Health and Safety Jeff Landry provide further evidence that our Health Center is in trouble, and that a simple change of location and facilities will not solve the real problem at hand.

After education, students' well-being should be the College's top priority. We cannot allow another semester to go by without offering students reasonable access to a doctor.

The Spectator editorial represents the opinions of the majority of the editorial board. It is not necessarily unanimously agreed upon.

Letter to the Editor:

Harold Maio is writing in response to last week's article, "Mindfulness Retreat seeks to improve health and self-care on campus."

In response to: "Is the stigma decreasing?"

You are asking the wrong question: "Are fewer people voicing that prejudice, rotely repeating it" is a more apt question, and yes, far fewer people are doing so, we having educated ourselves to no longer participate in that prejudice.

People who want to help do not say there is a stigma to mental illnesses. Those are words for people who do not want to help.

Sincerely,
Harold A. Maio, retired mental health editor

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The Spectator's Letter to the Editor section is designed to be a forum for the entire Hamilton community to discuss and debate campus, local, national and global issues. Pieces published in the section express the opinion of the individual writers and are not necessarily the opinions of *The Spectator*, its editors or the Media Board.

Letters to the Editor are welcome from all students, alumni/ae, faculty, friends of the college and Hamilton community members.

The Spectator has the following policies for submission:

1. Submissions are due by 10:00 p.m. on the Monday before publication. The editors reserve the right to refuse any late submissions.
2. Letters should be no longer than 500 words. The editors reserve the right to cut off letters at 500 words.
3. Letters submitted anonymously will not be printed.
4. *The Spectator* reserves the right not to publish any letter it deems inappropriate for publication.
5. If a piece is determined to be libelous, an unwarranted invasion of privacy, an unnecessary and/or unwarranted ad hominem or personal attack, it will not be published.

About Us

The Hamilton College Spectator, *publication number USPS 612-840, is published weekly by the Hamilton College Student Media Board while classes are in session. For more information e-mail spec@hamilton.edu. Our offices are located on the second floor of the Sadove Student Center. The deadline for advertisements is Monday the week of publication. For further information, please e-mail specads@hamilton.edu.*

Absence lets the mind wander

by Terri Moise '17
Staff Writer

How does student activism impact a campus? Does activism lead to change and growth? Or is this activism viewed with a level of disdain from those who feel naught but apathy?

For the past few years, Hamilton College has been home to an anonymous organization publicly known as the Movement. However, the members of this organization have remained anonymous, a point of contention among the Hamilton community. Many argue that this anonymity has prevented them from making true progress and does nothing but allow them to remain hidden behind posters and demands. Yet others see the Movement as something that this campus needs, prompting conversation and crucial dialogue that was perhaps necessary. Perhaps on a campus that makes claims of being liberal, yet seems to avoid dialogues surrounding sensitive issues, the Movement was too radical?

In the spring of my freshman year, the Movement released a list of seven goals and 10 demands, detailing what issues they felt needed to be dealt with, ranging from financial assistance with transportation, diversity training and acknowledgment of the Social Justice Initiative, the organization that was significant in the development and establishment of the Days-Massolo Center. As I saw it, it seemed as if the Movement's primary goals were the uplifting of marginalized groups and the promotion of equality.

Yet the Movement was met with backlash. While there were some who sympathized or, at the very least, understood the goals of the Movement, many felt that the Movement was overstepping its boundaries by speaking for specific communities on campus. This was due to the fact the no one had any idea who comprised the Movement. Furthermore, the Movement was critiqued for its tactics, which many believed left no room for conversation and dialogue, but rather served as a means of inciting the masses, prompting many derogatory remarks through social media platforms such as the Facebook page, Hamilton Secrets and the anonymous posting app, Yik Yak.

In December of 2015, the Movement prompted a huge campus reaction with the issuing of another series of demands. This list was, by far, the most extensive list of demands that the Movement had put out. There were numerous discussions surrounding the demands, ranging from the validity, the grammar and structure and the writer(s) of the demands. One significant result of the demands was the commencement of the Crucial Conversations, a project spearheaded by Director of Opportunity Programs and Interim Director of Diversity and Inclusion Phyllis Breland. The Crucial Conversation dialogue series serves as a means for members of the Hamilton community to come together and address the issues that they feel are pressing.

While the first Crucial Conversation was highly successful in terms of both turnout and the setting of goals, over time attendance decreased. Furthermore, following the issuance of their last set of demands, there has been no public activity from the Movement. While this may be a cause for celebration for some, it pushes me to ponder what role the Movement played in pushing Hamilton faculty, staff and students to discuss those sensitive topics that some pretend exist only in academia, rather than existing as the lived realities for some.

Why was the Movement faulted for speaking up about issues when given an avenue for conversation, it is steadily ignored? Crucial Conversations is one of the few avenues in which members of the Hamilton community can actively contribute their thoughts, questions and needs. Yet attendance decreases as each conversation goes on. Even within clubs and organizations that discuss social and political issues, it seems as if attendance at these clubs' events has also diminished in the past few semesters. This might suggest that Hamilton College is a place that breeds and cultivates apathy. However, I do have the pleasure of having conversations with professors and students who want to move

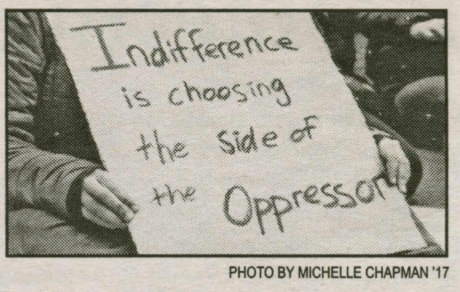


PHOTO BY MICHELLE CHAPMAN '17

past conversation and head down the path of action.

This makes me question what pushes people to work together with both the community and their peers. How should the Hamilton community go about working to support each other and developing an actual understanding of social and political issues? Does it take radical action to trigger even the simplest of responses from Hamilton's campus? While the Movement was flawed, it served a purpose in pushing the Hamilton community to understand that the problems that were mentioned actually exist on this campus. The Movement, at both the time of its inception and seeming conclusion, may have been what Hamilton needed to truly shatter this idea of Hamilton College existing in a bubble, untapped by the issues of the outside world. In its absence, perhaps the Movement has left a stronger message: Hamilton College may indeed be in need of action and change, as complacency in a bad situation aids no one.

Letter to the Editor

To the Editor:

Among many others, I particularly appreciate *The Spectator's* ongoing effort to make the Hamilton community more diverse and inclusive. I have noticed that the newspaper addresses social and political issues not just on campus but also beyond the college community. I hope that my article also can contribute to facilitating conversation on students' daily life issues vis-a-vis larger social issues of women's bodies.

In February 2016, Lady Gaga walked on stage with survivors of sexual assault. They silently but defiantly gazed upon the audience, tightly holding their hands each other and raising them in solidarity. On their forearms, empowering words were written, such as "We believe you" and "You are not alone." The performance was held at the Oscars based on Gaga's recent music video "Til It Happens To You" that illustrates emotional and physical trauma associated with sexual violence on campus. This poignant performance brought the audience to tears. From pop culture to conventional concert stage, performance has been a device to speak "unspeakable" issues. Performance, although it is often aesthetically pleasing and thus, seems apolitical, has transgressive power transforming both the audience and performers. Pop culture is not just for an entertainment; for someone, it is a site advocating and finding out one's voice that has been marginalized, silenced or forgotten.

From last week, everyone would have come across posters that read "No More" with a student's face staring at the audience. "No More" is student-driven activism on campus which aims to speak against gender inequality associated with sexual violence on campus. Despite increasing awareness on women's issues, including sexual consent, still, victims of sexual violence or harassment often confront an unspeakable moment—the society's denial of listening to the survivor's voice. Students from the "No More" campaign make an explicit statement that challenges society's prevalent perception on women's bodies and sexual abuse: "No More, it's just women's issues;" "No More that doesn't happen to guys: "No More she was drunk; No More what was she wearing." According to research on cultural studies, it is revealed that men are also often victims of sexual violence. Further, in a community, women's issues are men's issues and vice versa as long as we hope moving toward a society that is inclusive to all gender and sexuality. "No More" activism addresses an issue that has been often forgotten and silenced. It opens up room for discussing undiscussable issues, including politics and discrimination on the basis of gender and sexuality. Understanding others, or other's experience is an embodied act, and Hamilton students/activists' enactment is embodied. They speak up, use their voice and take their own pictures to spread the message on campus. If little things can make a big difference, then, yes, they begin to change.

Sincerely,
Chuyun Oh
Visiting Assistant Professor of East Asian Languages and Literature

Learn laws and vote

by Charles Dunst '18
Staff Writer

As a New York City expat and first time presidential election voter, my Facebook feed has been filled with posts about specific political candidates and the political system as a whole. As expected for a college student, posts have included mostly pro-Bernie and anti-Trump tirades. More recently, however, posts have decried New York's voting system as undemocratic and biased against young people and minorities. More specifically, my feed has been filled with posts claiming that New York's closed primary and its deadlines for registration are ridiculous and evil. There is no doubt that New York's voting laws are exclusive and unwelcoming—but not knowing them and thereby failing to vote is your fault and not some conspiracy against young people or minorities.

The Center for American Progress gave New York a D- in accessibility to the ballot. First off, New York is a closed primary, meaning that Republican and Democratic elections are not open to independent voters. Some will argue that this is simple disenfranchisement. The United States, for better or worse, is a two party system. I do not agree with Democrats on 100% of issues, but I registered as a Democrat because their beliefs most closely align with mine. As a voting Democrat, the idea that independents should be able to choose my delegate is absurd. If you want to vote in a closed primary, suck it up and pick a party. Voter registration forms had to be postmarked by March 30 or done in person by March 25. If you wanted to change your party registration, you needed to have done so by October 9 of last year. While this six- month discrepancy seems excessive, it is a New York state law, and if you cared about voting, you should have been aware. You may not like the open primary system or New York's party affiliation laws, but if you wanted to vote, you should have known the rules.

New York has no early voting, no Election Day registration, and excuse-only absentee ballot. I saw a story on Facebook about a friend who showed up at his school in upstate New York (not Hamilton), looking to register and vote on the same day. After being turned away, he continued to lambast New York as undemocratic and restrictive. As a Bernie supporter, he complained that New York did not want the vote of a young minority Bernie supporter. New York would have gladly welcomed your vote, regardless of your race and preferred candidate, if you had read the rules, registered and requested an absentee ballot. Regardless, he continued to receive comments alleging a DNC-led conspiracy in favor of Hillary Clinton, among other things. There is no conspiracy. The laws are onerous and ridiculous, but if you intend to vote, it is your job to know them.

I registered as a Democrat when I was 17. Last year, I voted absentee in state elections. When I transferred to Hamilton, I took the initiative to change my mailing address. About a month ago, I checked my voter registration status. It is really easy and can be done by easily googling "can I vote?" Pretty simple, no? When I did not see my Hamilton address listed, I called my election center and asked them about it. They said that my absentee ballot had already been sent to Hamilton, and that I should return it as soon as possible. So, I voted in the Democratic primary and sent it back to New York City ahead of the April 18 deadline. When a Republican high school friend asked me to help him register, I did, and he successfully voted as well.

Is this process too burdensome? Yes. But for now, the rules are the rules. Sure, you may not like them, but if you want to be an involved citizen, it is your responsibility to know them. If you feel the Bern and want to take down Hillary Clinton, you should know your state's registration rules. I would applaud you if you wanted to lead a campaign to open access to the ballot, but for now, you need to abide by the written rules. Let us be frank: getting turned away when trying to register on Election Day is nobody's fault except your own. As a member of the Hamilton College Democrats, I can tell you that we hosted multiple voter registration and absentee ballot drives in late February and March. I am sure many similar organizations hosted similar events on campuses across the country. If you truly cared that much about your candidate, you would have known the rules, registered and gotten an absentee ballot. A failure to do so is your own fault — not the system's.

Reflecting on Accepted Students' Day

by Jonathan Kirshenbaum '19
Opinion Contributor

I would like to take this opportunity to welcome you to Hamilton College. I would also like to congratulate you on making the applicant class of 2020 the most diverse and selective class in the history of the College…yada yada yada…

Now, I don't know if President Stewart, Dean Inzer or anyone else actually made these remarks, but the point is—do you?

During the two years that I was winding my way through the country looking for that magical institution where I would discover myself, make lifelong friends and expand my horizons part of me expected that when my tour group walked by on campus, the whole school would come to a halt as if everyone at the university was supposed to make every attempt to show us real life expositions of the pictures that graced the school's advertising pamphlets.

Now, call it ego, call it arrogance, call it whatever you want, but needless to say, after being at college as a student, I've seen that assumption systematically disproven. As well it should have been; Accepted Students' Day is, for all intents and purposes, a sales pitch. Those of us fortunate enough to have the opportunity to attend Hamilton get to know its quirks, its unique characteristic behavior, how it runs on a day-to-day basis. These prospies do not.

All of this may seem blatantly obvious, and it should seem that way, because it is blatantly obvious. But the certainty of this idea should not be followed by dismissal. That's to say we as accepted and enrolled students should not ignore the day's events. Just one year removed from their shoes, I find it increasingly difficult to empathize with Hamilton's freshest faces. In fact, were it not for my having to give tours all day, I probably would have forgotten Accepted Students' Day altogether.

Now, maybe it was the final emergence of appropriate springtime weather, or the anticipatory tension that comes with the conclusion of a semester, but by and large, Hamilton students

PHOTO COURTESY OF MICHAEL WANG '19

Rachel Dawson '19 and Michael Wang '19 jump for joy with Alexander Hamilton on Monday.

were generally unaffected by the flood of new potential freshmen (except for maybe the grossly jam-packed Commons lunch rush). We still went to class, still hung out with friends and still proceeded with our lives as we would on any other day.

But just because we may have seen it all before, does that mean we should disregard Accepted Students' Day entirely? It is true, save for a handful of other times throughout the year, that Hamilton will never pull out all the stops the way it does when its newest "most selective" class rolls up College Hill Road; day-to-day Hamilton looks a lot different. A friend of mine once said, "[The school] only smiles at you when they're trying to take your money as a student, or when they're trying to take your money as an alumni." Now, that's a different topic for a different time, but as it relates right now, I don't think we have to approach things so negatively. Pardon the cliché, but we get the privilege of going to Hamilton when it isn't actively trying to please anyone, and Accepted Students Day should serve as a vehicle to remind us of that.

Two times a week as a tour guide, I get to spend an hour walking around campus, audibly reminding myself why I love, have loved and hopefully will continue to love Hamilton. I am probably a little more honest than my boss would like me to be (sorry, Matt), but only because in giving those tours I can remember so well the way I was thinking and feeling when I was being guided around campus and I want the prospective students to become enamored with Hamilton for reasons beyond the pomp and circumstance.

I am well aware of the complete recantation I have just made, but therein lies the whole point; most of the time, we are driven by our next progression. We are always moving forward, thinking of the next essay we have to write, the next test to study for, the next party, all leading to our graduation from Hamilton and the next accomplishment of a successful high-paying job. That's all fine of course, and I would be the last person to suggest that you change that mode of thinking, but there is something to be said about reflecting on that first time you stepped on campus and acknowledging that you (hopefully) still feel the same way you did then, even if the circumstances of that feeling have changed. We have not graduated yet, so we should make sure that we enjoy the time we spend on the Hill in the way the administration promises on the annual Accepted Students' Day.

But what do I know—I'm just a first year.

Thumbs Up | Thumbs Down | Who Cares?

As we only have so many TUTD's left, this is a comprehensive list of the things we actually feel deserve a Thumbs Up, a Thumbs Down, or a Who Cares:

Thumbs Up

Opus Pricing: For those ingredients? We keep trying to overpay, and they won't let us.

The View Walking down the Hill: And you see the gorgeous valley, and maybe those are hills, or maybe those are mountains. Honestly, we've always meant to take a Geo class.

Yasir in Commons: Truly the nicest guy around. SINCERE THUMBS UP.

Thumbs Down

PC and Mac Switcheroo: Proving that the mind can't make a Mac of a PC or a PC of a Mac (Paradise Lost reference).

Seniors Need 1.7 GPA to Graduate: Would have been nice to know before I decided to skip all my classes this semester.

Seniors buy Senior Week Passes for $95: $95? But that's the price that uninsured Americans have to pay for not having insurance.

Who Cares?

Carrie And Jessye Perform A Two Person Reading of Mrs. Doubtfire On The Clinton Town Green: Thursday 4/28 at 5 P.M.

The Bike Lane: We know Zach Batson doesn't! And he also doesn't care about this joke!

About TUTD: Real question!! Shout out to our fans!! Hit us up if you read this!

by Jessye McGarry '16 and Carrie Solomon '16

Disclaimer: The opinions expressed in this column are purely of a satirical nature, and are not representative of the views of *The Spectator* editorial board.

We want YOU

...to write for *The Spectator*!

Email spec@hamilton.edu if you are interested.

Bachelor and Bachelorette

Andy Chen '16

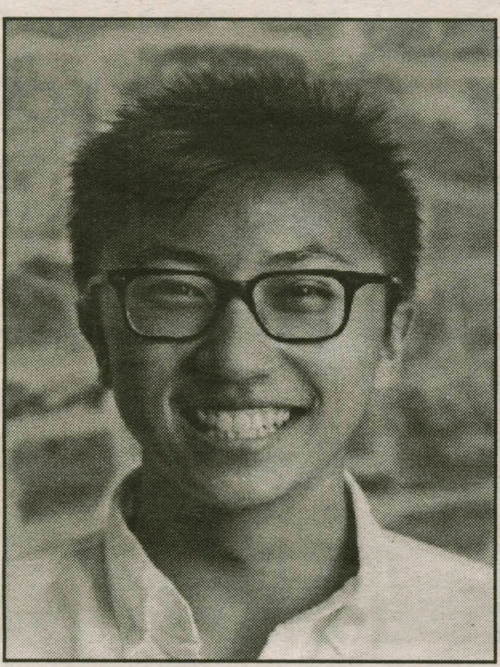


PHOTO COURTESY OF ANDY CHEN'16

Hometown: *Pittsburgh, PA*
Home on Campus: *da Babbz.*
Major: *Biology.*
Turn On? *Confidence, passion and having an imaginative sense of wonder.*
Turn Off? *Apathy and lack of empathy.*
If you were a dorm which would you be and why? *Can I be the glen? I just wanna be outside sometimes.*
What advertising slogan best describes your life? *"Just do it."*
What TV genre best describes you? *I don't watch that much TV. Can we say the TV show* Psych*?*
What's the best pick-up line you've ever used/had used on you? *P1: Oh my god, did you fall? P2: What, from heaven? P1: No, when you fell and messed up your face!*
What's the last lie you told? *I'll totally send in my application today!*
What's the meaning of life? *I don't know if a universal meaning exists. Meaning (I think) is to be subjectively found. But on an empirical level that doesn't mean we aren't all interconnected and made of the same stardust.*
If you were any social space, what would it be? *Sadove basement. I only take alcohol discretely these days.*
Which American historical figure are you most attracted to and why? *Linus Pauling. An American scientist from an era when knowledge wasn't something to be ashamed of? Oh, and two nobel prizes? Sign me up for a romantic night together. Just stay away from the vitamins.*
If you could join one group on campus, what would it be? *Jazz Ensemble? Jazz hands!*
What's your patronus and why? *Something that climbs a lot and gets excited easily. An arboreal dog.*
If you could break one rule at Hamilton and get away with it, which would you choose? *Everyone steps on the map at Hamilton. Superstition can't not graduate an entire school.*
Who would you say is your campus crush? *Hmmm...all of the beautiful and brainy girls on campus who I have or haven't talked to. Sorry about that cop-out.*
Who would you say is your faculty crush? *Professor Bonnie Urciuoli. She's absolutely the bestest.*
What is the weirdest thing currently in your room? *Several Tanzanian kisu-kisu paintings and Mozambique wood carvings. But they're also the dopest things in my room.*
If you could remake the points system, what would be the number one offense? *You get a point for everyday you skip leg day, which is everyday.*

Amber Torres '16

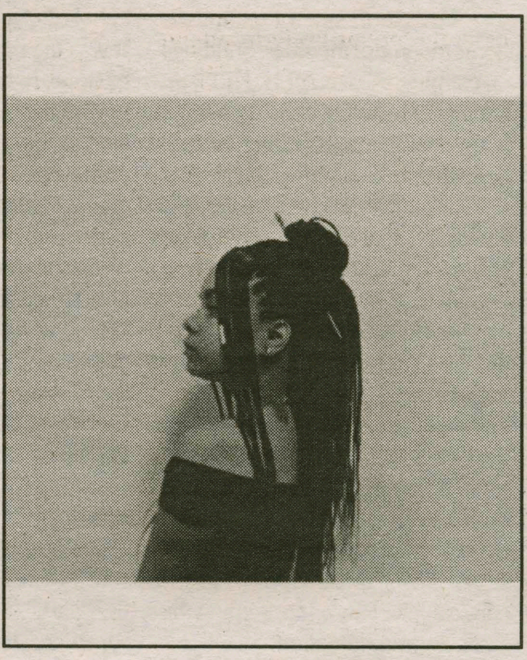


PHOTO COURTESY OF AMBER TORRES '16

Hometown: *Roxbury, Boston.*
Home on Campus: *Moho.*
Major: *Communication.*
Turn On? *Extreme personalities.*
Turn Off? *Condescending people.*
If you were a dorm which would you be and why? *Probably Bundy 'cause that place is the hood of Hamilton for real.*
What's the last lie you told? *I had to pretend I know what I want to do with life during an informational interview with an alum yesterday.*
What advertising slogan best describes your life? *Just do it.*
What TV genre best describes you? *Cartoons with inappropriate innuendos.*
What's the best pick-up line you've ever used/had used on you? *I once asked someone if they had a pen, and when they pulled it out I said it was for them and shoved a paper towel at them then smiled. They got the hint.*
What's the meaning of life? *Meaning is relative, constantly changing. You can decipher what something means at one point and in retrospect realize it meant something else. So, I would say there are meaning(s) of life, they can change at any second.*
If you were any social space, what would it be? *Do dorms count? I'd be 3994, (R.I.P. y'all youngins don't know nothing 'bout that). Parties there were sketchy but homey.*
Which American historical figure are you most attracted to? *There's just something about Honest Abe... our 16th president. Supposedly he was tall, honest, anti-slavery & a crime fighting vampire. Hot.*
If you could join one group on campus, what would it be? *The DJ club or the outdoor adventure one.*
If you could break one rule at Hamilton and get away with it, which would you choose? *I don't have a car, but I wish students could use empty faculty parking. Faculty has way too much parking. Like why do y'all even use cars, I can see half y'alls houses from the art center. Ride a bike to work.*
Who would you say is your campus crush? *Jangu Chothia <3.*
What is the weirdest thing currently in your room? *A block of cobble stone from the Czech Republic that I pried from the siewalk myself and brought across the Atlantic Ocean.*
If you could remake the points system, what would be the number one offense? *Wearing flip-flops when it's 50 degrees out but sunny. Like bruh it's February.*
If you were a food, which would you be and why? *Potatoes. They are godly, they can be mashed, boiled, fried, hashed, (siiigh) so beautiful.*
What was your first thought this morning? *Did I hear a ghost?*

More than meets the eye, above and below ground

by Molly Geisinger '19
Staff Writer

The atmosphere changes on the Hill once the thermometer hits 60 degrees, literally and figuratively While warmer weather allows students to expose their knees, it also uncovers the beautiful architecture for which the College is so famous. Now is the time to appreciate Hamilton's layout, both above-ground and below.

One of the most-often overlooked aspects of the campus is the layout of the College. On a clement Spring day, students can be found eating outside or playing frisbee on any of the various quads.

The openness of the layout is a unique feature of the light side of campus.

"On the north side of College Hill Road, one has views through the gaps between the buildings to others, providing a feeling of openness and space. I love the change in the experience in these views, but also the personal feeling of well-being within the space," says Steve Bellona, Associate Vice President for Facilities & Planning and Assistant Indoor & Outdoor Track & Field Programs.

The North side of campus is home to some of the oldest buildings on campus, most notably, Kirkland College. However, little do people know that the unassuming cottage has actually been relocated twice.

Originally, the white clapboard structure sat at the foot of College Hill Road in 1792. The College bought the charming cottage in 1875 and moved it to campus. Although its first home on top of the hill was in the College cemetery, it was moved in 1925 to the location it currently sits on today.

Beginning in 1975, students of each class have been invited to the College's smallest cottage to mark one of the biggest attributes of their admission to Hamilton: signing the roster for matriculation.

Soper-Commons Dining Hall is another landmark on the light side, if not for its prime location, then for its function as one of the campus' two main dining halls. However, Commons was not always the place to go to eat food.

Buttrick Hall was the original "Hall of Commons" back in 1812. It was the first building to be made of stone. In fact, it was the architecture of this particular building that set the model for the construction of most of the other stone buildings on the North side of campus. However, its role as a dining hall lasted just a short eight-year run. In 1834 it assumed its name from Horatio Gates Buttrick, the superintendent of buildings. By 1845, it became the birthplace of Elihu Root.

Although the North side of College Hill Road contains secrets of the College's historical past, the South side also shares in some secrecy.

Perhaps unbeknownst to a few, below the brick pathways on the "dark" side is a more extensive basement that connects prominent buildings such as McEwen Dining Hall and Kirner-Johnson building.

Though spread apart above ground, the List Art Center and Wellin Hall are also connected to the McEwen-KJ basement. Perhaps, the next time the weather is unfavorable, these may be alternative travel routes for the students who dare to explore the below-ground passageways.

The history of Hamilton College is more than meets the eye, literally. With the absence of snow, there is a better opportunity to spend time outside and even admire the architecture that adds to Hamilton's above- and below-ground layout.

PHOTOS BY OLIVIA FULLER '19

The Kirkland College can be found between Commons Dining Hall and Buttrick Hall.

Hamilton's Beekeeping Club is the bee's knees

by Sophia Gaulkin '17
Features Editor

One of the newest organizations on campus this year is the Hamilton College Beekeeping Club. Olivia Box '17 and Andre Burnham '18, the co-leaders of the club, have both kept honeybees for a long time and missed the activity in college. "We thought this would be a great way to spread the art of beekeeping," they explained. They also "hope to inspire future keepers of the bees."

They said that they decided to make beekeeping an official club because of the importance of bees for environmental stability. Currently, bees are dying off. *Time Magazine* reported that over 75 percent of different crops rely on bees, making them a critical source of plant life and therefore survival for all species. Over the last decade, bees having been dying off at an alarming rate—also according to *Time*, up to 30 percent of all bees die per year, which is often the result of land-use changes that have destroyed the habitats of bees.

Box and Burnham expressed their concern with the present situation of bees: "No bees, no food, no farming, and no people. Bees fuel our lives," they say; "without them, we cannot sustain our way of life." They offer a way to help make a difference, however: "If you want to do something to help combat colony collapse disorder or climate change, beekeeping is a fun and rewarding lifelong hobby."

Fortunately, the College has demonstrated support for this endeavor. Box and Burnham credit Dean Nancy Thompson as an incredible resource in the organization, as she originally helped Box purchase and set up the hives this past May. "Since then, she has provided support every step of the way."

Beekeeping has created lots of buzz on campus. Students, too, have shown a significant amount of interest. "[Students] have been willing to devote afternoons in sweaty beesuits," they say.

Beyond that, they have gotten a bit of attention in campus media. "There have also been some funny jabs at the club in the school newspapers. *The Duel Observer* was way funnier. Nice try, *Spec.*" Ouch, that stings. Hopefully this piece recoups *The Spectator*'s queen bee status. Okay, hive tried my best with this swarm of unbeelievable jokes, but I'll stop before I drone on for too long.

Hamilton beekeepers at work at one of the hives.

Even though the club is new, they have made a great deal of progress, including the expansion of their apiary from two to six colonies. The two creators have big goals for the future. Box says, "I would like to see the club members become more comfortable with the hives and broaden their skills. Ideally, I'd like small groups to manage their own hive." Burnham added, "I also have a passion for queen rearing. It is very important to know how to sustain a yard of bees, and knowing how to breed queens from your own stock is very helpful in accomplishing this."

For the Hamilton community, the club hopes to work with Bon Appétit in the future to carry their honey. Mainly, they plan to continue to expand their apiary.

According to the co-leaders, new members interested in beekeeping should expect "to be part of not only the Hamilton beekeeping community, but also the beekeeping world (which is currently dominated by old men)." While club commitment itself is fairly low, it increases in the spring as the season picks up, culminating in the extraction of honey in the fall. Members can also expect to "get very attached to your colony over time."

Beyond a globally conscious and personally fulfilling practice, beekeeping is an intellectual pursuit, too. "For example," Burnham explains, "I have started a research project here on campus that focuses on fitness differences between local and Californian colonies." He plans to look at how different climates and environments affect different strains of bees to survive in upstate New York, "especially in regard to productivity and resistance to viruses, parasites and other pathogens." This is important work because most queens are brought in from California, since they can raise queens almost year-round. "It would be interesting to see if local bees are actually more suited for this environment than Californian counterparts," he added.

Box also plans to engage in relevant research. This summer, she plans to research honey quality in Germany, working on a project that is determining if honey that is currently labeled 'organic' in Germany is truly organic.

Those who are interested in beekeeping can e-mail bees@hamilton.edu for more information. Even those who are allergic can still keep bees.

PHOTOS BY OLIVIA BOX '17

Sex and the Campus
Birth Control

by Kate Cieplicki '16
Staff Writer

Over spring break I made a big life change. I didn't buy a car or get a haircut… I changed my birth control! It may seem a little odd to talk about birth control in a sex column but in my opinion if we're all going to have fun we need to do some not-so-fun preparation work too. The decision to change my birth control wasn't an easy one so I wanted to detail my process for other people with uteruses who are considering changing their birth controls. Maybe non-uterus-having partners will learn something as well.

I have been on birth control for several years. Pretty much the second I realized the implications of being sexually attracted to men (babies!!), I asked my mom about birth control to avoid awkward conversations later. My thought process was: if I was on the Pill before I started seeing men, my mom would have no idea when I decided to start having sex. At that time, the Pill was the only form of birth control I'd heard about besides condoms. Some of my friends were already on it to control acne or their periods. I liked the idea of the Pill because it was easy to access, painless and prevented pregnancy with far greater efficiency than condoms, which can easily be used incorrectly. I understood that the Pill didn't protect against STDs and thought that I would use both the pill and condoms if and when I found myself in a hook-up situation. I got the Pill after a brief conversation with my doctor.

My experience with the Pill was OK but I also had some difficulties. First, I had issues picking up the pill. I have lived in Syracuse, Philadelphia, and Amsterdam in the past three years and making sure I always had enough pills with me was a challenge that involved many stressed-out phone calls to my doctor and to pharmacies. Even when I had the pills, I sometimes forgot to take them. I would get distracted or not have my pills with me when the reminder on my phone went off. That sort of human error can cause people to get pregnant while on the Pill and I was always anxious having sex in the weeks after a slip-up.

These difficulties brought me to a gynecologist office in Syracuse, N.Y., waiting for a consultation on an IUD. Since I am in a long-term relationship and I know that I want to be having baby-free sex for the next several years, I asked about options for long-term birth control. My doctor talked me through the differences between a hormonal IUD, a copper IUD and Nexplanon. I was happy to know that all three were covered under my family's health insurance, just like my pills had been.

There were subtle differences between the three methods. The hormonal IUD is placed in the cervix and excretes hormones over six years in a targeted area. It prevents the ovaries from releasing eggs and stops sperm from reaching the uterus. The copper IUD is also placed in the cervix, lasts for 10 years, stops sperm from fertilizing an egg and also makes the uterus less suitable for pregnancy. I was told that both of these methods hurt a lot when they are put in because the cervix doesn't like it when things are shoved up it. This can cause painful contractions that feel like menstrual cramps and can interfere with physical activity. Nexplanon is a two-inch long plastic t-shaped structure that is injected into a woman's non-dominant arm. It lasts for three years and prevents pregnancy in a manner similar to the ways in which the hormonal IUD prevents pregnancy. The difference is that, with this method, hormones go through the entire body.

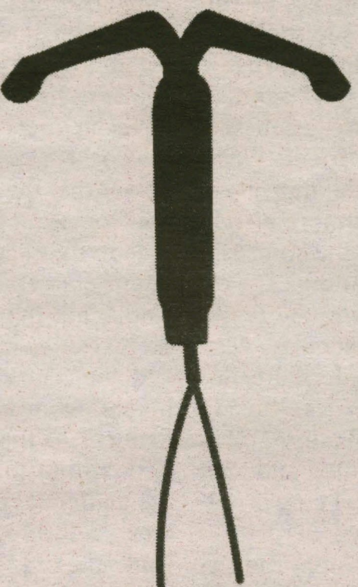


ILLUSTRATION BY CHARLOTTE SIMONS '16

I asked my doctor for consultation on which method I should choose. At first, I was drawn to the copper IUD because I knew I didn't want babies for the next 10 years. I was worried, however, about the pain of insertion, the IUD coming out (which mimics a miscarriage) and also by stories of women whose partners felt the IUD while penetrating them really deeply during sexual intercourse… yikes! The Nexplanon (in the words of my doctor, the "weenie" option), seemed like the easiest and safest bet so I decided on that. True to its "weenie" distinction, the insertion procedure itself was relatively pain-free. The doctor disinfected the area, numbed my arm (that was the painful part) and then shot the t-shaped structure into my arm. I had some bad bruising around my arm for several days and some tenderness, but then I felt totally fine. Now I can only feel the t when I press on the skin of my upper left arm on the side closest to my body.

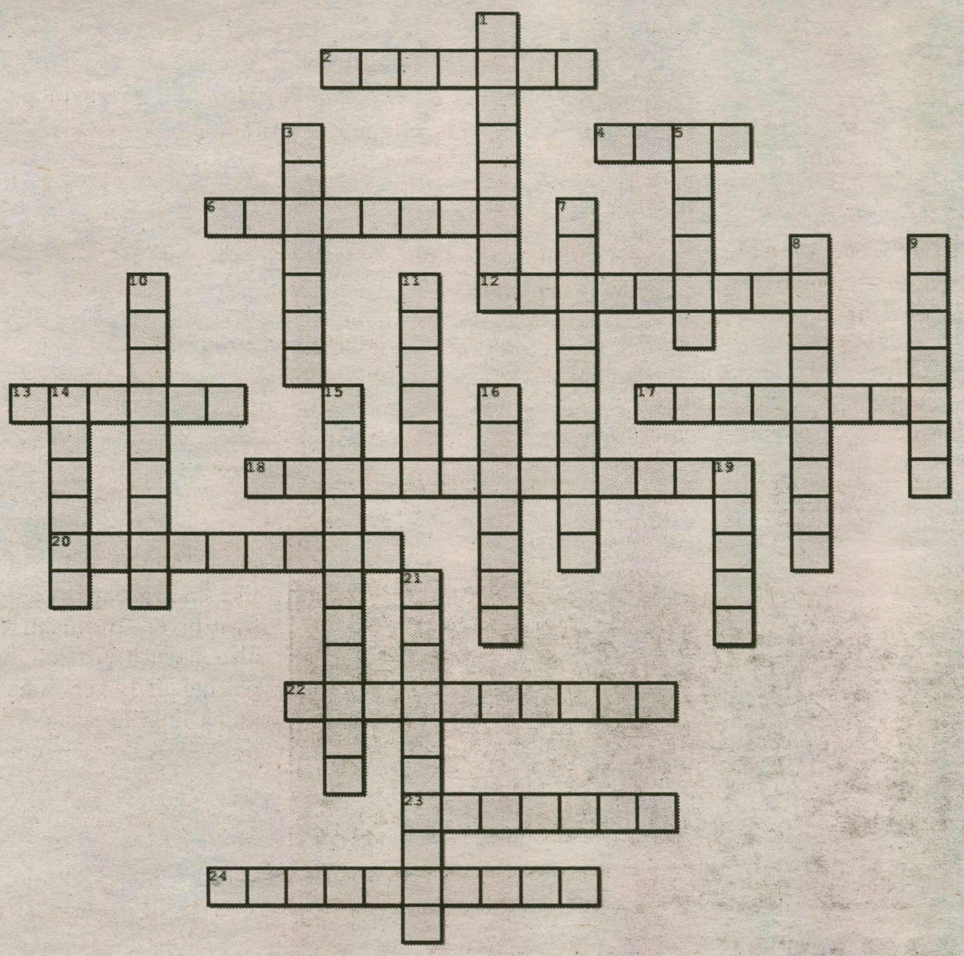
My path towards more permanent birth control was relatively painless. Throughout the process, I learned to importance of asking questions and doing research. If you want to change your birth control, don't be embarrassed to ask all sorts of absurd questions! Also make sure you trust your doctor enough to ask questions. Your comfort is the key whether you're seeing a doctor for reproductive health or some other area of health. If you can't ask your doctor questions, it's time to get a new doctor.

So far I'm super happy with my Nexplanon and relieved that I don't have to worry about picking up or taking birth control pills for the next three years. A lot will change for me over the next three years: I will have lived in a new city and worked my first job. One thing, however, will remain the same. With Nexplanon's 99 percent effectiveness rate and zero chance of human error, I will almost certainly be baby free!

Although the first official day of spring was a month ago…it only feels like spring has sprung at Hamilton in the past week. Enjoy the beautiful weather by lying in the grass, listening to music and trying your hand at this week's crossword!

by Ian Antonoff '16 and Amelia Heller '16
Features Contributors

Spring
Complete the crossword below



Across:
2. Direction people turn their clock for Daylight Saving's Day
4. 40 day period during which Christians give up something near and dear
6. Founding father who proposed Daylight Saving Time in 1784
12. Drug enjoyed internationally on April 20th
13. Latin word for spring
17. Jewish eight-day holiday during April
18. Japanese flower that signals the beginning of Spring
20. First day of spring in 2016
22. Century in which "spring cleaning" started
23. Day with 12 hours of light and 12 hours of dark
24. The start of spring coincides with this college sport's postseason

Down:
1. Latin word for season which means "sowing" or "seed time"
3. Bird commonly associated with arrival of spring
5. Persian name for the first day of spring
7. Ancient Greek goddess of Spring
8. One type of flower commonly associated with spring
9. During spring, earth's axis is tilted
10. Natural disaster that is most common in the spring
11. Christian holiday following Lent
14. Day in May on which Mother's Day falls this year
15. Major Egyptian construct that aligns with the spring equinox
16. This season is often associated with...

Last Week's Answers:
Across: 1. January 4. Trump 6. Eighteen 7. Eighth 8. Five 11. Buren 12. Gerrymandering 13. SouthDakota 15. Ninetyfive 18. Schumer 20. Obama 21. Clinton
Down: 2. Nineteen 3. Tuesday 4. Twentynine 5. Gillibrand 8. Fillmore 9. Roosevelt 10. NewHampshire 14. Liberal 16. Oregon 17. Cuomo 19. CNN

Make-out poetry and punk rock

by Liz Lvov '17
Arts & Entertainment Contributor

To get to Hoa Nguyen's talk it was necessary to descend into KJ 005, a place marked by a sinister arrow pointing, of all directions, at a downward diagonal (!) with the label surprisingly low to the ground. Here is a space of which people are unaware, a space that is imperceptible in its layout and execution, a space that always feels like an illicit discovery. You have to obey that shocking downward - pointing arrow and walk down the brick stairs and then down a narrow passage, framed by green parallel pipes, and there it is, KJ 005, an airless, fluorescent room where I once attended a mandatory econ review session. Let me tell you when Hoa Nguyen entered that room, her smooth voice filled it up and it felt like the hopeful springtime sunlight was seeping in through the cement. She talked about nerve ghosts and languages not fully lost, and I sat in awe like girl, same. You know a poet when he or she wears all black and glances up from a screen at you to make a quick aside from a beautifully scripted speech that revels in its own artistry and at one point uses a sentence with so many onomatopoeic p-sounds that it feels like a drumbeat inviting a dance or a kiss goodbye. Nguyen doesn't remember Vietnamese from the first two years of her life she spent in Vietnam, but she read us a poem incorporating every single one of its six tones, and even though she isn't fluent, her musicality is undeniable. Nguyen spoke of blues music as an act of defiance, as a clinical sample of living minute to minute, "not as moaning but as a learned excellence." Hoa had a college radio show. Her heart is a coalmine cave-in. Her mom was a stunt motorcyclist.

Nguyen works with art that is messy and disobedient, art that makes use of distortion and force, and she spoke of music as a ritualized remedy. Thank God she found within herself permission to be a poet, because when she read out loud about her friend Wendy's 10-story fall, I felt the impact of cement in a way that was more a sigh than a scream. Here are some phrases I transcribed in messy ink at the edge of my Lit Theory notes during the reading: trees with heart shaped leaves, piano, pussy, shredded, spiders, dreamscream, let's leave it at this, vag-bleed, you eat the moon, bell bell mortal. She talked about armless statues and she told us that the past tense of sing is not singed.

Later on at Senior John Rufo's talk, I leaned over to thank her for her words, tell her of the lost languages in my own throat, and for a few moments we talked of missing a motherland we don't remember. Nguyen is interested in doubling, and in yolking. I can't tell you what she said in any significant way because I was too busy feeling every word she said very deeply.

You know a poet when a poet wears all black and one day John Rufo will be famous in a bigger way than he is now. Rufo has a distinctive voice which is ever-present in the audio of his poet interviews; the quick uh-huhs, the yeahs, the chuckles, evidence over and over again that Rufo is an attentive conversationalist and deeply invested in what he does. Rufo understands that technology is important and makes good use of it; he clearly connected with the poets he interviewed on a level that allowed them to speak with the candor and power that they did. Rufo understands that social media is important. He accidentally didn't record the hour-long phone conversation he had with Bhanu Kapil, but the emails they exchanged thereafter were strange and wonderful and she sent him to a green lake near his childhood home and warned him not to not drink the water there. Rufo's life is traveling in interesting circles and the audience, for however brief a moment, fell into one of those circles, as Rufo clicked through his multi-media presentation, which included written words on the screen as well as his own reading out loud in the light of a small desk lamp. Sometimes our lives overlap in such lovely ways.

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CAB Acoustic Coffeehouse Presents: Tim Wilson of Ivan & Alyosha

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Thursday, April 21
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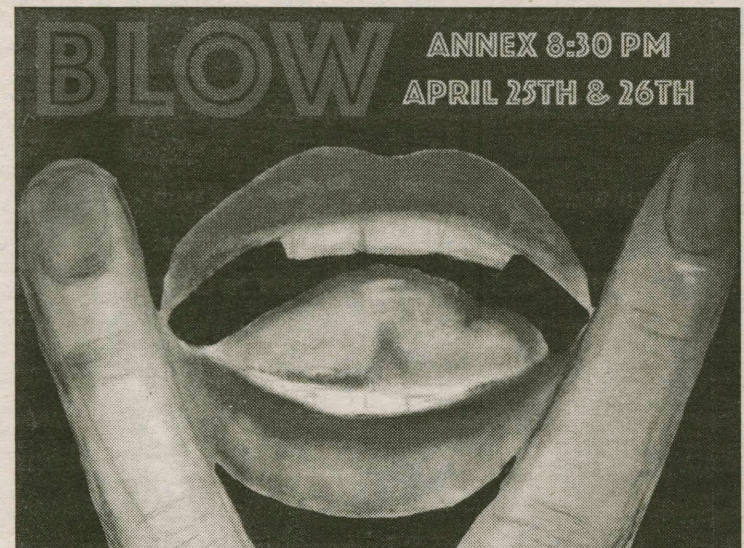

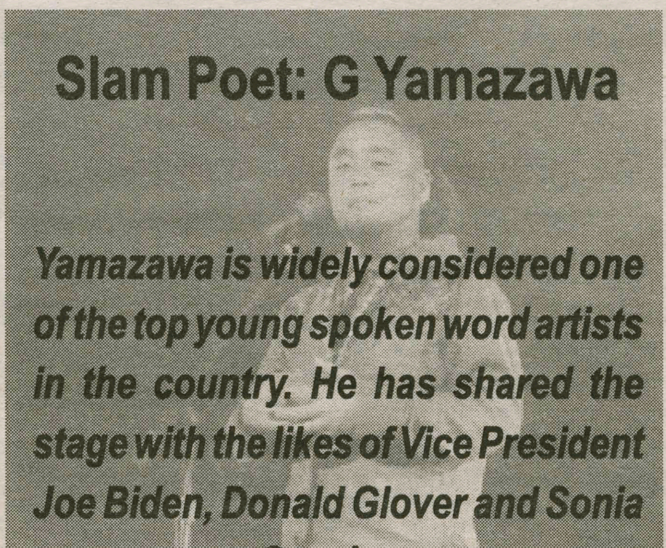

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Spring Awakening challenges sexual education norms and religious authority

by Ghada Emish '19
Staff Writer

This past weekend, the Theatre Department's spring main stage, *Spring Awakening,* opened in the Romano Theatre, marking its first musical in over 40 years. The production is directed by Professor of Theatre Craig Latrell, with musical direction by Karen Corigliano and choreography by Professor of Dance Eileen Heekin. Eliza Burwell '17 stage manages, while MJ Lugo '16 serves as Assistant Director.

Spring Awakening is a Tony-award winning Broadway rock musical, with music by popular singer-songwriter Duncan Sheik. Based on German playwright Frank Wedekind's famous 1891 play of the same name, the musical portrays the clash between adolescent children and adults in the wake of realizations about sex and authoritative figures, skillfully incorporating modern lyrics and original choreography into a 19th century German setting. It also portrays an extremely conservative group of adults, ill-informed about the significance of sexual education and flexibility in raising adolescents, as they attempt to deal with changing societal values. Blending the old and new makes the musical highly relatable and challenges the extent to which dogmas about sexual education have changed in the 21st century.

Melchior, played by Matt Reinemann '17, is skeptical of the way religious restrictions stand against progression and instinctive tendencies. He learns about sex by reading and becomes an atheist as a result of his research. Alternatively, his best friend Moritz (Charlie Wilson '16) is almost the opposite of Melchior in his persistent anxiety about the sexual predilections he cannot control and his worsening academic performance. Unfortunately, in all this anxiety, Moritz fails to realize the reason for his instability is his unaccepting society.

Wendla, played by Meghan Gehan '18, yearns to learn about sex and adulthood, but her search for knowledge is rejected by her mother (Allie Schuette '16). Wendla is driven to ask Melchior to beat her after she hears about her friend Marta's (Caitlin Kennedy '16) physical abuse at home. Wendla yearns to understand the sensation, feeling as if her life up until this point has been too sheltered and safe. Afterwards, she is tentative around Melchior, who surpasses the power she gave him and feels ashamed. When they find each other in a hayloft, they attempt to reconcile their relationship, but Melchior's knowledge and curiosity, when interacting and Wendla's ignorance, escalates their relationship and leads to Melchior's coercing her to have sex with him, complicating the plot and raising issues about consent and sexual education.

Through Marta's song, "The Dark I Know Well," the audience learns that Marta's father sexually abuses her. Were the audience to wonder about society's reaction to this secret, they would find their answer in Ilse (Caitlin McQuade '18), whose character ends up homeless as a result of divulging her own father's sexual abuse. McQuade's voice is mellifluous and her portrayal of Ilse, truly moving. She is oppressed, yet tries to reconcile with her new life to seem stable in a hypocritical society.

Wilson's performance is outstanding in the way he communicates Moritz's victimization by the pressures society imposes on him. A tragic incident drives one to be angry at the incredible irresponsibility of the adults in Moritz's life, who were not able to help him deal with his problems.

The mothers of both Wendla and Melchior (Noelani Stevenson '19) fail to protect their children from social taboos. Wendla falls victim to an ignorant mother, one who lacks the courage to talk and educate her daughter about sex. Meanwhile, in a heated debate with her husband, Melchior's mother protests sending Melchior to a reformatory to punish him for talking about sex since he has expressed nothing but the truth. Throughout the musical, mothers are portrayed as more silent and lenient, while fathers' (all portrayed by Andrew Gibeley '16) loud voices weigh significantly in raising children.

Meghan Gehan '18 opens the show as Wendla with "Mama Who Bore Me."

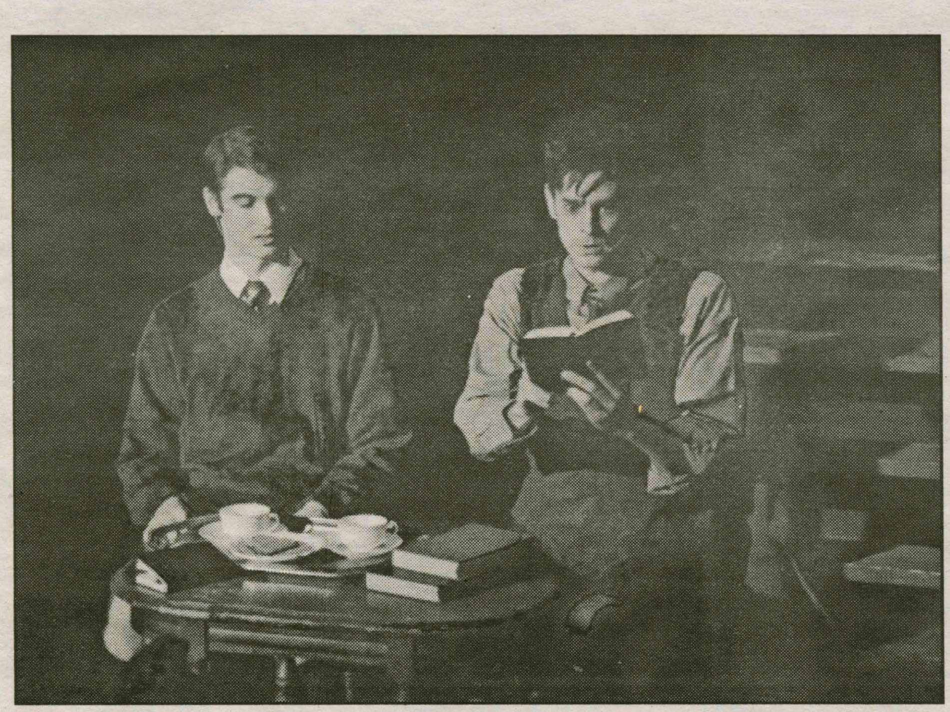
In *Spring Awakening*, parental responsibility and awareness are significantly misunderstood and it seems that society creates fetters out of its values. Wendla and Melchior's mothers cannot muster the courage to protect their children, but the truth is that religious values were made to protect people and are apparently misinterpreted by many characters in this play.

The plot of *Spring Awakening* is quite interlinked; one string is pulled to affect many others and the smallest change weighs heavily, echoing the sensitivity of adolescents and the caution needed on behalf of parents in their interaction with their teenage children.

Wendla and her classmates' conversations often center around marriage plans, praising Melchior as an ideal husband for his intelligence. But the portrayal of Wendla is, to some extent, limited. The audience hears extensive reflection on the boys' "wild" dreams and learns too little about Wendla's feelings and thoughts about her first sexual experience and the surprise of being pregnant.

In *Spring Awakening*, adults disregard the challenges they faced when they were adolescents, or are rather ashamed of this stage in their lives. As a result, the characters' parents deal with them in the same intolerant manner as their parents once had. Melchior marks the beginning of a change in this flawed heritage. The musical's closing on Melchior's broken heart and persistence to live strongly motivates the audience to make a change in society from Melchior's unforgettable experience in a quite touching and powerful end.

The musical also stars Tim Hartel '18, Tommy Bowden '18, Chris Hart '19, Teddy Sullivan '19, Olivia Melodia '18 and Emily Aviles '19, including a live pit orchestra consisting of both student and adult musicians. The main stage continues this weekend, with performances on Thursday, Friday and Saturday at 7:30 p.m. as well as a Saturday matinee at 2:00 p. m.



PHOTOS BY OLIVIA FULLER '19

Matt Reinemann '17 and Charlie Wilson '16 portray Melchior and Moritz as they discuss Faust and sexuality.

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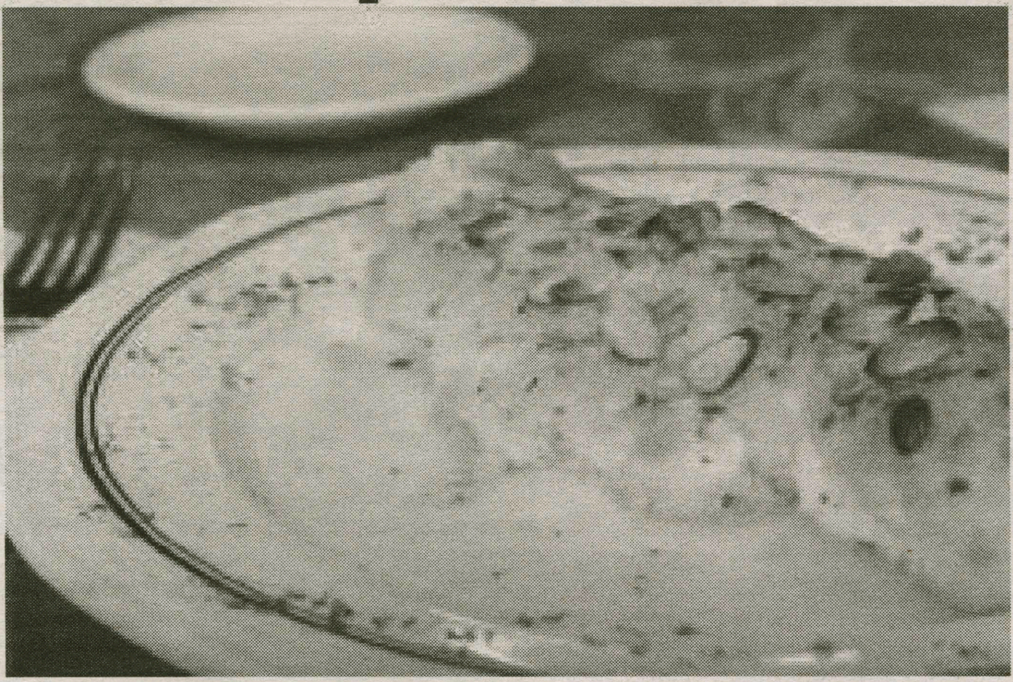

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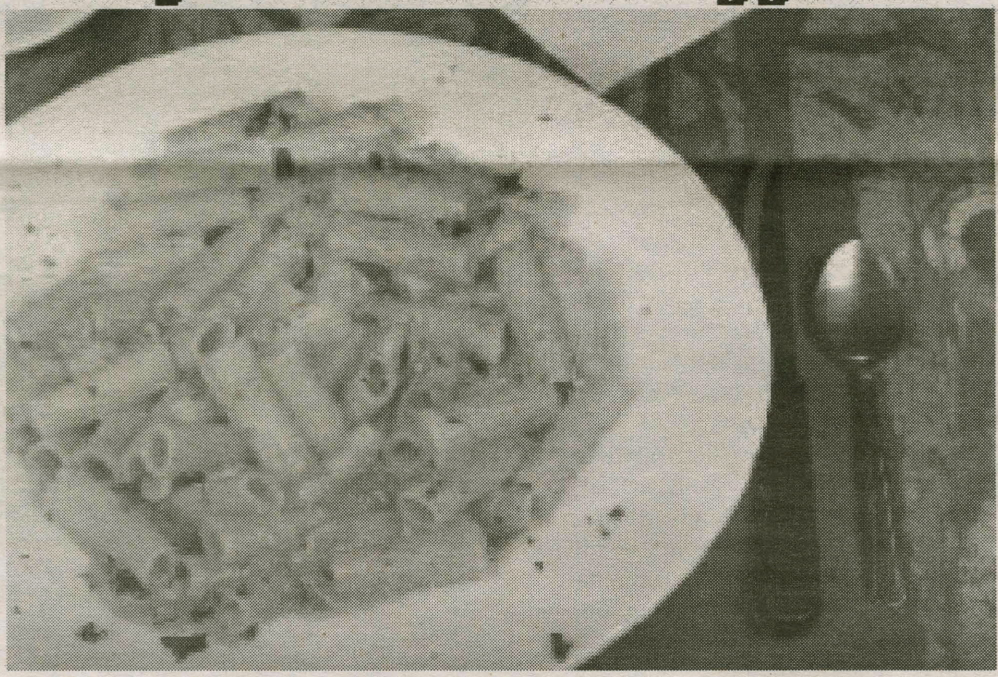

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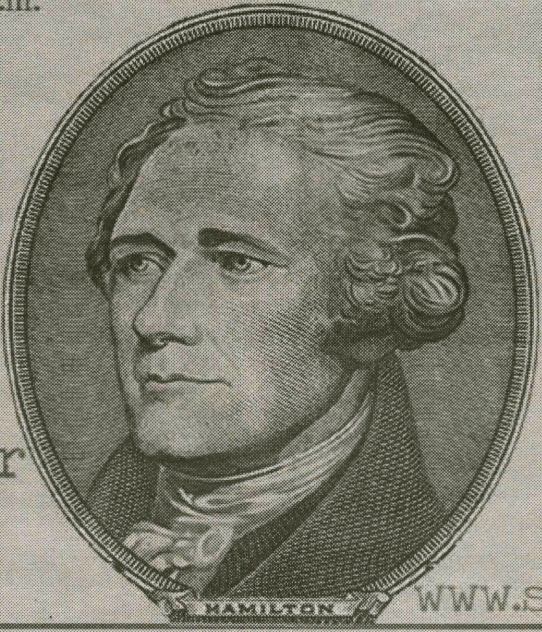
KJ 201

WED 04/27
The Burns Agency
INSURANCE
4:00 - 4:45 p.m.
Red Pit

THU 04/28
TAXES
4:00 - 4:45 p.m.
SCCT 3024

FRI 04/29
Cameron Feist
SALT & STUDENT LOANS
12:00 - 12:45 p.m.
Red Pit



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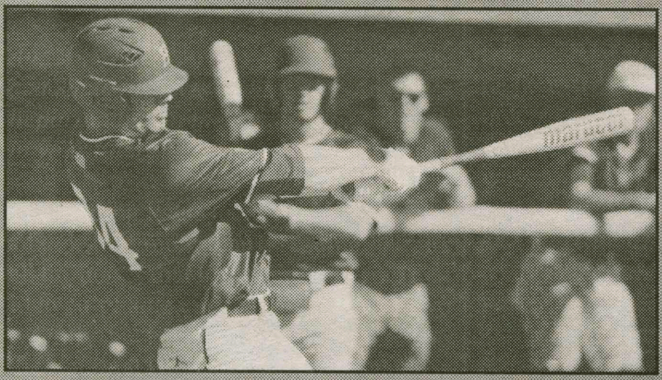
Three Stars for Week of 4/11-4/17

PHOTOS COURTESY OF MIKE DOHERTY

Dylan Berardelli '16, Track & Field

Berardelli set a personal record in shot put at the Hamilton College Mid-Week Meet on April 19. The throw of 14.38 meters was good enough for second place in the meet and qualified Berardelli for the ECAC Championship. Berardelli followed up his personal best in the shot put with a victory in hammer throw, winning the event with a throw of 45.88 meters. On April 16, Berardelli finished in the top-four of all three throwing events at the Upstate Track and Field Classic at RPI, setting a personal record in the hammer throw with a throw of 49.80 meters.



Ryan Wolfsberg '17, Baseball

In the middle game of Hamilton's seven-game homestand, the Continentals erupted for a season-high 18 runs in an 18-2 victory over St. Lawrence. Wolfsberg led the huge offensive output, going 1-for-2 with three walks, four RBIs, two runs and his second home run of the season in the fifth inning. The leftfielder and leadoff hitter now has a .461 batting average, which is tops not only on the team, but in all the NESCAC this season.

Hanna Jerome '18, Track & Field

Jerome came in first in the 800-meter run at the Upstate Track and Field Classic at RPI. Jerome finished the race with a time of 2:21.89, leading a Continentals' sweep in the top-three with teammates Mary Lundin '19 and Mattie Seamans '18 finishing in 2:24:45 (second) and 2:24.70 (third) respectively. Jerome continued her dominant season in the 800-meter run with a first-place finish at the Hamilton College Mid-Week Meet, winning the race with a time of 2:21.06. Jerome's time qualified her to compete in both the NESCAC and NYSCTC Championships.

States ahead for rowing teams

*from **Rowing**, page 16*

a lot of good competition for seats. It's really come down to communicating with each other about our goals and about how best to achieve them. As the coxswain, it's my job to listen to what the rowers are saying and give positive feedback and criticism to help them improve every day we are out on the water."

While the team has achieved success of late, improvement, as Harrington notes, is still the goal. Lewis echoed her sentiment, claiming, "I feel like [the varsity eight] has much more room to get better. With quite a few experienced seniors in the boat, we hold ourselves to very high standards." Lewis stresses that, in order to reach those standards, the team must "row aggressive and tough, while still keeping our technique sharp—which is a delicate balance." Harrington, emphasizing the team-oriented nature of rowing and the importance of communication believes "It will be really important to keep improving on the water every day and working as a team…that comes from more communication and practice."

> "Our plan was to beat Union and Franklin & Marshall in the first 20 strokes...we were really motivated to walk away immediately, so off the start we felt the power and after the first 30-40 strokes, I knew we had it.
> —*Caroline Harrington '16*

Both the men and women are working hard to improve as the season reaches its final stretch. The teams travel to Ithaca this Saturday, April 23, to square off against Colgate and Marist in the last contest of the regular season. Both teams head to the New York State Championships in Saratoga Springs the following Saturday. The NESCAC Championships will then take place in Worcester, Massachusetts on May 8. With championship season fast approaching, it is crunch time for both the men and women. The next few weeks will be characterized by hard work, intense races and, hopefully, success.

M. Golf takes third at Skidmore invitational

*from **Golf**, page 16*

an exceptional 295 Sunday team score. In the end, Hamilton narrowly missed out on second place to Clarkson University by four strokes. Skidmore took the team title with 582 strokes.

Even with the strong result, Geeslin was not completely satisfied by his team's performance, saying, "We aren't ecstatic with the performance as a team this weekend but it was good to get the cobwebs out of the way." He added that the slight dismay was due to "our very high expectations for the spring because we expect to contend for every tournament we compete in due to the quality we have on the team."

The women's team will conclude their season this weekend at the Williams College Spring Invitational at Taconic Golf Club. The men, in addition to the same contest at Williams, will participate in the NESCAC Championship on April 30, having qualified in early October by clinching third place at the NESCAC men's golf championship qualifier. Hamilton has made the event seven out of nine years since the conference switched to this format. Middlebury College, which won the qualifier, will host the event at Ralph Myhre Golf Course, where the top four NESCAC teams will vie for the conference title.

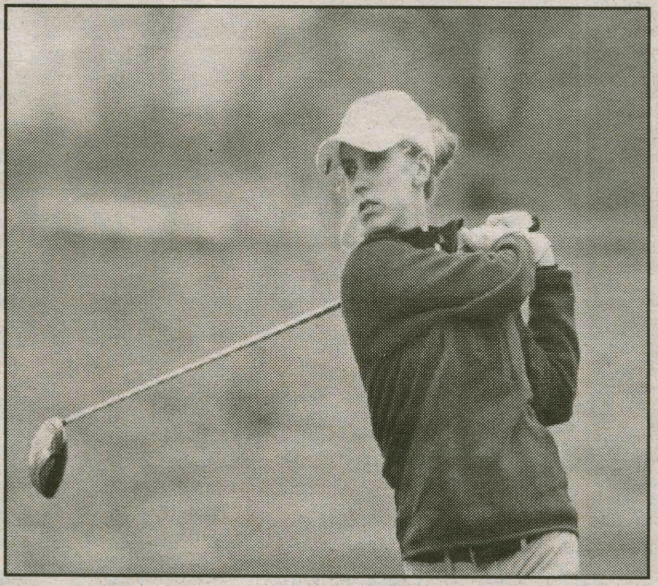


PHOTO COURTESY OF MIKE DOHERTY

Liz Morris '16 tied for 22nd against Division I and II competition.

Lauren King '16 and Ben Delia '05 look to defend HamTrek titles

by Sterling Xie '16
Sports Editor

HamTrek, one of Hamilton's most unique athletic traditions, will take place on Friday, April 29 this year. The annual triathlon includes three legs: A 525-yard swim consisting of 21 laps in Bristol Pool, a nine-mile bike ride around Griffin Road and a 5K run through the golf course.

Last year's event saw Ben Delia '05 and Lauren King '16 take home the individual races. Delia's time of 52:42.19 was the best of any competitor in the field, as he beat out Reid Swartz '15 by roughly two minutes and unseated the defending champion, Professor of Literature Onno Oerlemans. Delia, who is currently Franklin & Marshall College's swimming head coach, was also a member of Hamilton's swim team and cycling club during his college days.

King, meanwhile, rolled to the women's title for the third consecutive year, setting a new women's course record with a time of 1:01:31.80 and shaving over four minutes off of her winning 2014 time. A varsity swimmer, King beat second-place finisher Courtney Anderson '15, a member of the Hamilton club cycling team, by over four minutes.

A member of the HamTrek Sprint Triathlon Committee, King believes the event holds a distinct place in the campus' culture due to its inclusive format, which includes both individual and team races and fosters participation from a wide spectrum of fitness levels. "Since HamTrek is a triathlon, the training process can be different for everyone—especially with snow on the ground in the months leading up to the race," King explains. "The great thing about HamTrek is that you don't have to train specifically for the race, it's all about encouraging the campus to get excited about their fitness, no matter the level."

PHOTO COURTESY OF MICHAEL VEROSTEK '16

The biking portion of the triathlon consists of two laps around the Griffin Road loop.

The organizers would like to see an increase in participation levels this year. Last year's race fielded 206 competitors amid ideal weather conditions, but King notes that they are hoping for over 300 entries this year. Entry into either the individual or team race is free, but donations are welcome and will go to the Shawn Grady Memorial Fund. Established in the memory of Shawn Grady, an outstanding athlete who was diagnosed with cancer in the first semester of his sophomore year, the fund helps local families who have children with life-threatening illnesses.

Besides aiding this estimable cause, participants and supporters can enjoy prizes, free food and other attractions. If Clinton's fickle weather patterns permit, there will be free hot air balloon rides on Love Field, a new addition for 2016. Available to both participants and spectators, these rides will allow groups to see an aerial view of campus and the course. Additionally, the top five individual male and female finishers and the top three co-ed, female and male teams will win prizes which include gift cards to Target, TexMex and more.

King and Delia will be significant figures that day as each attempts to repeat as individual champions, but as committee member Aubrey Coon '16 notes, the purpose of HamTrek transcends the stopwatch times. "It's not about winning," she says, "it's about bringing the Hamilton community together to share the experience of completing a triathlon. Last year's event proves why the tradition continues to grow in popularity each year."

The race will begin with the first swimming heats at Bristol Pool around 4 p.m., with a barbeque and awards ceremony concluding the festivities shortly after 6 p.m.

Women's lacrosse to face No. 7 Trinity in final regular season game

by Henry Shuldiner '19
Sports Contributor

The women's lacrosse regular season is coming to end after a strong second-half surge. The Continentals have only suffered four losses thus far, all to ranked opponents. The team has scored 161 goals overall, good for an average of 11.5 goals per game. These impressive accolades have earned Hamilton the No. 12 spot in Intercollegiate Women's Lacrosse Coaches Association's most recent ranking.

Reigning All-American midfielder Morgan Fletcher '17 leads the team in goals, notching 30 to get along with 11 assists. Fellow midfielder Darby Philbrick '18 has been keeping pace, however, netting 25 goals of her own. Attacker Caroline McCarthy '16 has racked up 24 assists, a team high, as well as 13 goals. Casey File '17 has added 22 goals, the third most for the Continentals this year. Goalkeeper Hannah Burrall '19 has made 60 saves so far while allowing 61, landing her save percentage at a very solid 49.6 percent.

The level of competitiveness in the NESCAC is high, as all of the team's losses have come in conference contests. Despite their ranking, the Continentals currently sit sixth in the conference standings with a NESCAC record of 5-4, 1.5 games behind Amherst and Colby for a home playoff game. However, with just one more conference game left against Trinity, Hamilton will hit the road for the first round of the playoffs.

After suffering back-to-back losses to Amherst and Bates, the team went on to win their next three games against Tufts, Williams, and Connecticut College, beating the latter two handily. Their short win streak was brought to a halt, however, last Sunday at Middlebury. After the disappointing 14-4 loss to the second ranked team in the country, the team bounced back to their winning ways, defeating Ithaca 15-7. The final game of the regular season comes in the form of a tough NESCAC matchup against No. 7 Trinity College. Both teams will be looking for victories as Trinity hopes to maintain their second place position behind Middlebury in conference, and Hamilton looks to move past Bates to the fifth spot.

The men's lacrosse team had a great start to the season winning three of its first four games but has unfortunately found it hard to continue its winning ways since then. The team has lost their last nine games. However, six of these games were against nationally ranked opponents. Seven of the last nine came against NESCAC opponents, including five teams ranked on the USILA Coaches' Poll. This simply proves the extremely tough level of competition the Continentals face throughout the season, as well as reaffirming the consensus that the NESCAC is clearly the most competitive conference in all of Division III men's lacrosse.

Hamilton has scored 123 goals so far this season, giving them an average of 9.46 goals per game. Senior co-captain Sam Sweet '16 has scored 24 times this season and assisted on 22 goals, landing himself at an impressive 46 points of the season. First-year phenom Clay McCollum '19 is having a breakout season, already having scored 22 goals and adding nine assists in his first year for the Continentals. J.D. Brachman '17 is also having a great year, netting 21 goals and dishing out eight assists, totaling 29 points, the third most for Hamilton.

With a 3-10 record overall and a 1-8 record in the conference, Hamilton sits in 10th place out of 11 teams in the NESCAC, only ahead of Colby, who have failed to win a game against a conference opponent this season. The Continentals are mathematically eliminated from the NESCAC playoffs, trailing Connecticut College by two conference wins, with only one NESCAC matchup remaining on the schedule. Both teams will close out NESCAC competition against Trinity on April 23.

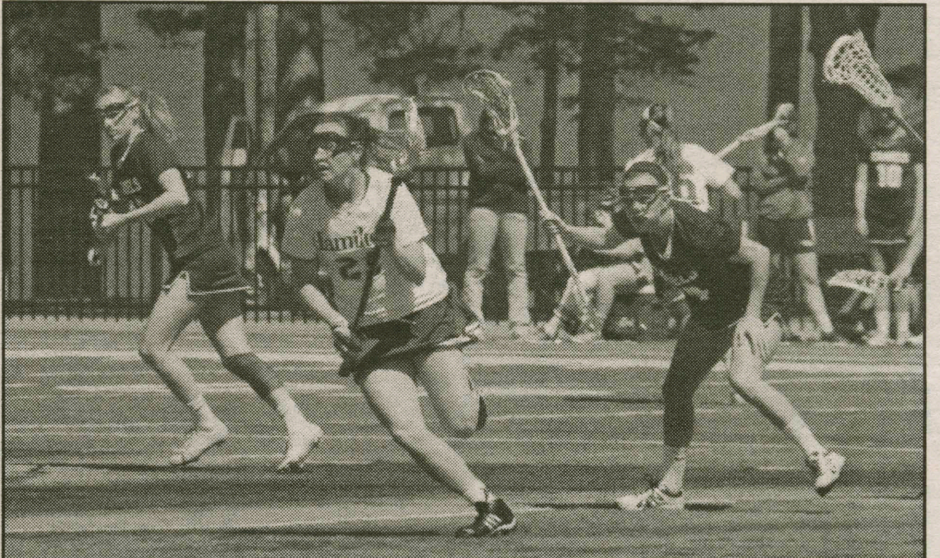


PHOTO BY BEN MITTMAN '18

File '17 scored four goals in the 20-6 rout of Connecticut College.

SPECTATOR SPORTS
April 21, 2016

Rowing squads shine at first home regatta of the season

by Levi Lorenzo '19
Staff Writer

This past weekend, the Hamilton men's and women's rowing teams partook in their only home regatta of the season. For both teams, the meet was a success. The men held on to the Gilman Cup, as all three boats won races against Union and Franklin & Marshall Colleges. The women, currently ranked 12th in Division III for the varsity eight boat, retained the Gilman Plate by defeating Union in the varsity eight. Additionally, the second varsity eight secured the Gilman Goblet by defeating Union's Dutchwomen; Franklin & Marshall's crews edged out the Continental boats in both races.

Rowing for the men in the varsity eight were Parker Lewis '16, Harrison Thomas '18, Landon Morin '16, Elias Clough '17, Michael Burchesky '17, Fletcher Sherrod '18, Alec Melone '16 and Oliver Magnusson '17. The men's varsity eight are coxed by Caroline Harrington '16. Reflecting on the team's recent success, Harrington said, "This past weekend was a great weekend for Hamilton rowing. It was great to sweep the Gilman races. Going into the race Sunday morning, our plan was to beat Union and Franklin and Marshall in the first 20 strokes. With this goal in mind, we were really motivated to walk away immediately, so off the start we felt the power and after the first 30-40 strokes, I knew we had it."

Lewis highlighted the team's resilience, noting that the team had been "battling bad rowing conditions and illnesses during the week leading up to the race," but lauded his team's ability to, "stay focused and get the job done." Lewis expressed gratitude for the fans that came out to the Erie Canal in Rome: "Having many of our classmates, professors and parents at the race to cheer us on gives us some extra motivation to get through the finish line."

Racing for the women in the varsity eight this past weekend were Samantha Benevelli '18, Keara Lynn '16, Maddy Maher '18, Alexandra Brantl '18, Danielle Schuman '19, Rachel Cooley '18, Ellie Pinto '18 and Isabel Grieder '18, with coxswain Heather Piekarz '16. Lynn noted the obstacles that the team has faced of late, which led to "some lineup changes before the race." Lynn commented, "I am so impressed and proud of this group. It's always nice to keep hardware at Hamilton, but I think the real victory here is the fact that both boats rowed solid races that add to our overall racing experience." On the team's progression this season, Lynn added, "We have come so far since our first race a month ago at the Murphy Cup. It's been fun to see this team improve each week, both in practice and in races, and it's extremely exciting to see everyone's enthusiasm and hard work. All of these small changes are adding up and will put us in a great position for our championship races, as well as for next season and beyond."

Lewis believes that the men's team has progressed well, saying, "I think the younger guys have done a great job stepping up." Harrington added, "Our success and progression has been a process and there has been

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PHOTO BY CASEY CODD '19
The men's varsity eight boat outraced Union and Franklin & Marshall to retain the Gilman Cup.

Washburn '19 and Tigani '18 post impressive scores for golf teams

by Yoshi Hill '16
Senior Editor

Last weekend, the Hamilton women's golf team headed west to Baldwinsville, NY for the Le Moyne Invitational, while the men's team drove east to compete in Skidmore's Dr. Tim Brown Invitational at Ballston Spa Country Club in Ballston Spa, NY. The men's team has been idle since their spring break trip to Florida and were understandably anxious to commence the season, while the women's group sought to move on from a disappointing 11th place finish the week before at the Vassar Invitational.

Spearheaded by a remarkable performance from Electra Washburn '19, who tallied a total two-day score of 170 and placed sixth overall, the women's team reversed their fortunes and finished in the middle of the pack against Division I and II competition.

Despite playing on Timber Banks Golf Course, one of the more difficult courses in the region, Libbie Warner '19, another impressive first-year golfer, battled to tie for 14th place with a score of 178, while captain Liz Morris '16 tied for 22nd out of 44 golfers total. The host school Le Moyne placed third, just ahead of the Continentals, and St. Lawrence University ran away with the victory thanks to an impressive team score of 669.

Content with the weekend's results, Morris said, "The fourth place finish gave us confidence going into our final match. This week we'll be working on fine-tuning different aspects of our games, but we're well-equipped to mount an upset next week."

Washburn and Warner have distinguished themselves this year, and with three years remaining in their Hamilton careers, the team's immediate future seems promising.

The men's efforts culminated in a third place finish, largely thanks to the individual triumph of Joe Tigani '18. 10 teams comprising 57 golfers played on a par-71 course that measured 6,310 yards. Tigani played the finest tournament of his career, scoring a 70 on the first day and carding a career-best 69 the following day.

Captain Bayard Geeslin '16 stressed Tigani's importance to the team, saying, "It was awesome to have Joe win the tournament and be so sharp coming out of the winter months. He is an essential part of the team and our success depends on Joe."

Behind him, Jeremy Benjamin '19 finished in a tie for 19th place with 151 strokes and Geeslin tied for 25th place with a score of 153. The Continentals recorded a solid 303 four-man team score on Saturday, and from there proceeded to reduce this score by eight strokes for

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PHOTO COURTESY OF MIKE DOHERTY
Washburn '19 shot an 84 on Sunday, the Continentals' best individual round of the tournament.